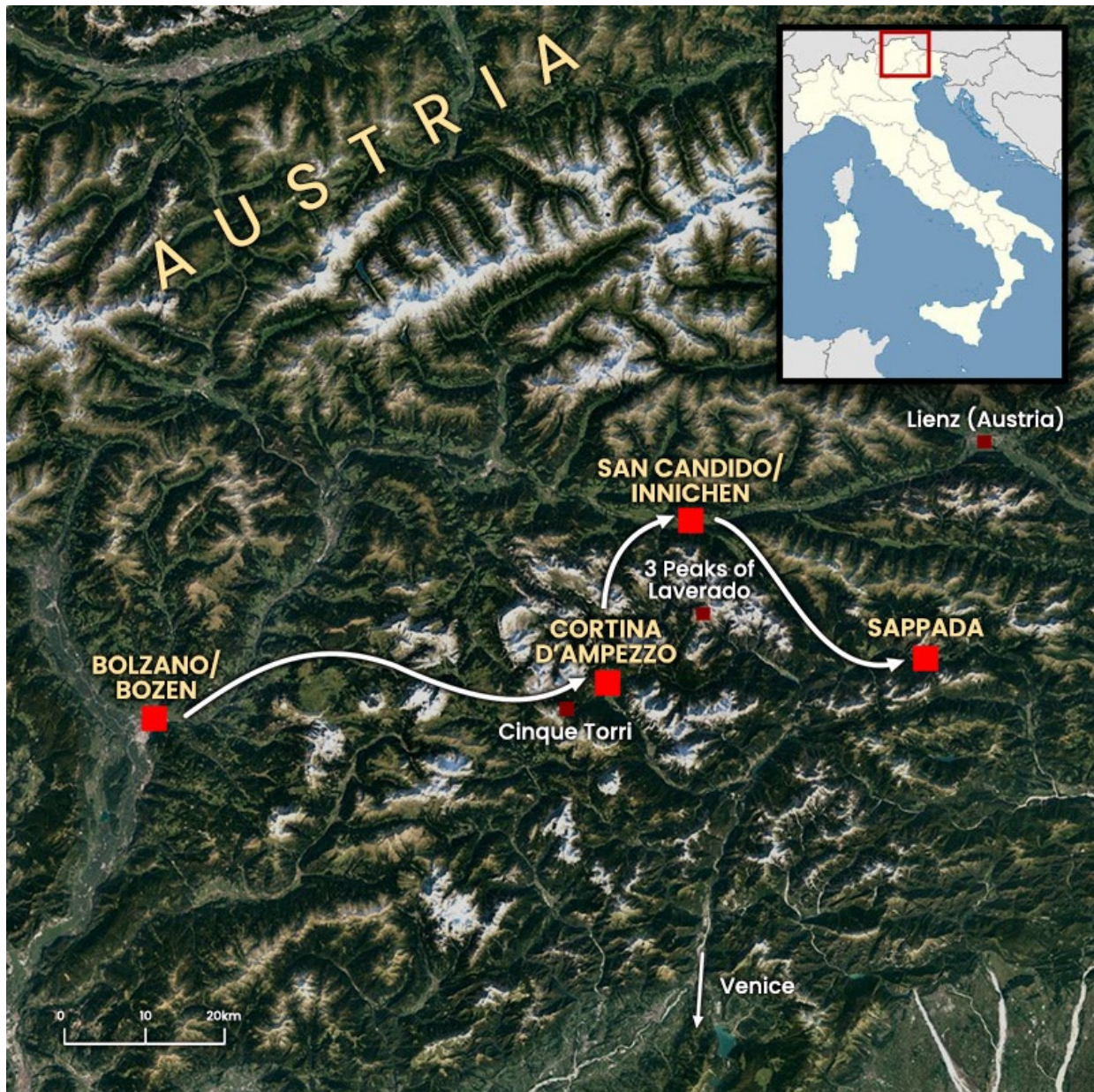


**Summer in the Dolomites 2023 - Tour Programme****Day 1 - Sun 25 Jun 2023** (Dinner, overnight in BOLZANO)

We shall kick off the tour with a Welcome Dinner after your arrival in Bolzano and checking in to your hotel.

Day 2 - Mon 26 Jun 2023 (Lunch, overnight in BOLZANO)

We begin the morning with a walking tour of Old Bolzano with our guide, followed by lunch in typical Tyrolean restaurant. With the sun setting as late as 9pm, you will have ample free time to explore the city on your own after this.

Day 3 - Tue 27 Jun 2023 (Lunch, overnight in BOLZANO)

We visit the South Tyrol Museum of Archaeology this morning to learn about the amazing 5300-year-old mummy which was discovered near the top of a nearby mountain some 30 years ago. Affectionately nicknamed Ötzi after the Ötztal Alps where the body was discovered, this is to date the oldest and best-preserved human body ever found in Europe, and has been the source of some of the most valuable information about life in copper-age Europe.

Day 4 - Wed 28 Jun 2023 (Dinner, overnight in CORTINA D'AMPEZZO)

Leaving Bolzano for Cortina, our alpine guide will lead the group up by chairlift to Cinque Torri, where we shall have lunch at the Scoiattoli Refuge, followed by a hike around the five towers to visit one of the open-air war museums

retelling the battles between Italy and Austria during the First World War. In the event of unsuitable weather, we shall head straight to Cortina to check in, and embark on an alternative hike, either to Rifugio Dibona or to Rifugio Metres. In the event of rain, we can visit the Paleontological Museum, leaving the hiking to the following day.

Day 5 - Thu 29 Jun 2023 (Lunch, overnight in CORTINA D'AMPEZZO)

Subject to weather conditions the day before, we may either hike around the Cinque Torri or the aforementioned hikes in the environs of Rifugio Dibona or Rifugio Metres. If it rains, we can visit the Paleontological Museum.

Day 6 - Fri 30 Jun 2023 (Pack lunch, overnight in CORTINA D'AMPEZZO)

Today's programme is an e-bike tour along the Boite river to the Fanes Waterfalls in the Natural Park of Cortina d'Ampezzo.

Day 7 - Sat 1 Jul 2023 (Pack lunch, dinner, overnight in CORTINA D'AMPEZZO)

Today we spend the entire day hiking around the world-famous Three Peaks of Lavaredo, starting from the Auronzo Refuge, taking you first to the Locatelli Refuge and then back to the Auronzo Refuge completely circumnavigating the Three Peaks.

Day 8 - Sun 2 Jul 2023 (Lunch, overnight at SAN CANDIDO)

We transfer to San Candido today, with a stopover at Lake Landro for some sightseeing. Once we dropped our bags off at our hotel, we shall make our way up to the Baranci Refugio by either chairlift or, for those inclined, a hike up to the restaurant, for lunch. Following our meal, we have the options of hiking in surrounding areas, or descending the mountain on foot following an easy trail, or we can take the luge to the foot of the mountain.

Day 9 - Mon 3 Jul 2023 (Lunch, overnight at SAN CANDIDO)

A day of a cycling to the town of Lienz in Austria is planned for today, using either normal or e-bicycles, with lunch along the way, return to San Candido by train.

Day 10 - Tue 4 Jul 2023 (Lunch, overnight at SAPPADA)

We leave San Candido today to make our way to the Montecroce Pass, from where we depart for a full day of hiking to Malga Alpes Nemes to enjoy a lunch home-made cold cuts fresh yoghurt and apple strudel. We then head for Sappada where we shall spend the next three nights.

Day 11 - Wed 5 Jul 2023 (Pack lunch, overnight at SAPPADA)

Our guide shall be taking us around Sappada and the older nucleus of Cima Sappada this morning. We then visit a dairy production and finish off with a barbecue or picnic lunch by the lake, or in case of bad weather lunch indoors with typical local cold cuts and cheeses.

Day 12 - Thu 6 Jul 2023 (Lunch, Dinner, overnight at SAPPADA)

Today we make our way to Rifugio Calvi at the source of the River Piave, one of the most important waterways of northeast Italy, where we shall have our lunch after a hike over to the nearby Sesis Pass continuing all the way to the Austrian border for a spectacular view of the valley beyond.

Day 13 - Fri 7 Jul 2023

Tour ends after breakfast this morning. Transfer is provided to Venice-Mestre railway station.

For those who wish to extend their trip in Venice or elsewhere, please [contact Ergo: Travel](#)

Notes

- This tour shall be led by Mr. Timothy Tan of Eco Adventures, which has been organising active holidays since 1990.
- Tour price is for land arrangements only. Flights are not included
- This tour begins in Bolzano and ends in Sappada. Transfers by train from Venice-Mestre OR Milan Central railway station prior to the start of the tour in Bolzano is included, as is the transfer at the end of the tour to Venice-Mestre Railway Station. Please contact us if you need any special arrangements for transfers to and/or from the hotels.
- Travel insurance is required for all tour participants.
- Single supplement for this tour is S\$1,180. For triple-sharing and other arrangements please [contact us](#).
- Sightseeing, entrance to sights, hiking and cycling are included as specified in the programme.
- Hiking and cycling are graded "easy" to "moderate", and a certain level of physical fitness is required.
- As there will be substantial walking on both paved and unpaved ground, wearing comfortable walking shoes are strongly recommended.
- Gratuities for group services and city taxes absorbed.
- Activities may sometimes need to be modified, rescheduled, or even cancelled as weather conditions in the mountains are unpredictable and can often change without warning.
- Extension of trip (before or after the tour) can be arranged upon request.
- Tour deposit and final payment is to be made by bank transfer or by PayNow.